

W/C	Monday	Tuesday	Wednesday	Thursday	Friday
Week One w/c 07/01/19 04/02/19 11/03/19	Pasta bolognese, cheese and leek bake, jacket potato and tuna, pasta, broccoli. Tarte tatin and cream, yogurt, fruit salad.	Chicken and vegetable pie, vegetable stir fry, jacket potato and beans, waffles, beans, sweetcorn. Ginger sponge, yogurt, fruit salad.	Roast gammon, Vegetable burger, jacket potato and tuna, roast potatoes, new potatoes, cabbage, sweetcorn, gravy. Fruit sponge, yogurt, fruit salad.	Chicken stir fry, Thai vegetable curry, jacket potato and cheese, rice, broccoli. Fruit crumble and squirty cream, yogurt, fruit salad.	Fish cakes, cheese and pepper pizza, jacket potato and beans, chips, beans, peas. Chocolate ice cream, yogurt, fruit salad.
Week Two w/c 14/01/19 11/02/19 18/03/19	Chicken sausage, vegetable omelette, jacket potato and cheese, wedges, mixed vegetables, gravy. Apple cakejack, yogurt, fruit salad.	Cowboy stew, macaroni and cauliflower cheese, jacket potato and beans, boiled potatoes, peas. Fruit jelly, yogurt, fruit salad.	Roast chicken and stuffing, Quorn sausages, jacket potato and tuna, roast potatoes, new potatoes, mashed swede, cauliflower, gravy. Oaty cookie, yogurt, fruit salad.	Moroccan lamb meatballs, vegetable tajine, jacket potato and cheese, vegetable couscous, mixed salad. Treacle tart, yogurt, fruit salad.	Fish fingers, Quorn sausages, jacket potato and beans, chips, beans, sweetcorn. Fresh fruit salad with ice cream, yogurt, fruit salad.
Week Three w/c 21/01/19 25/02/19 25/03/19	Stroganoff, vegetable burger, jacket potato and cheese, vegetable rice, green beans. Fruit crumble and squirty cream, yogurt, fruit salad.	Chicken curry, vegetable stir fry, jacket potato and beans, rice, broccoli. Jam tart, yogurt, fruit salad.	Honey roast ham, macaroni and cauliflower cheese, jacket potato and tuna, roast potatoes, new potatoes, cabbage, mashed swede, gravy. Fruit sponge, yogurt, fruit salad.	Beef and vegetable pie, cheese and leek bake, jacket potato and cheese, boiled potatoes, carrots. Chocolate orange sponge, yogurt, fruit salad.	Breaded fish, cheese and tomato pasta bake, jacket potato and beans, chips, beans, peas. Ice cream sundae, yogurt, fruit salad.
Week Four w/c 28/01/19 04/03/19 01/04/19	Pork sausages, vegetable omelette, jacket potato and tuna, waffles, peas, carrots. Cheese and biscuits and fruit, yogurt, fruit salad.	Pasta carbonara, Quorn and vegetable pie, jacket potato and beans, wedges, broccoli. Oaty cookie, yogurt, fruit salad.	Roast pork, vegetable burger, jacket potato and cheese, roast potatoes, new potatoes, cabbage, carrots, gravy. Pear and ginger pudding, yogurt, fruit salad.	Beef burger, vegetable tajine, jacket potato and tuna, vegetable couscous, mixed salad. Treacle tart, yogurt, fruit salad.	Fish fingers, cheese and tomato pizza, jacket potato and beans, chips, beans, sweetcorn. Strawberry ice cream, yogurt, fruit salad.

Term 3 & 4 Menu

Please be aware that allergens are used in the kitchen and, while we aim to provide accurate allergen information on the allergen sheets provided, we cannot guarantee that meals will be completely free from allergens. Please contact us through the school office if you would like to discuss your specific requirements or our processes.

W/C	Monday	Tuesday	Wednesday	Thursday	Friday
Week One w/c 07/01/19 04/02/19 11/03/19	Pasta bolognaise, jacket potato and beans, pasta, broccoli. Dessert pot, fruit, fruit salad.	Vegetable stir fry, jacket potato and egg mayo, waffles, beans, sweetcorn. Cookie, fruit, fruit salad.	Roast gammon, Vegetable burger, jacket potato and tuna, roast potatoes, new potatoes, cabbage, sweetcorn, gravy. Yoghurt, fruit, fruit salad.	Thai vegetable curry, jacket potato and cheese, rice, broccoli. Jam tart, fruit, fruit salad.	Baked fish, cheese and pepper pizza breads, jacket potato and beans, chips, beans, peas. Ice lolly, fruit, fruit salad.
Week Two w/c 14/01/19 11/02/19 18/03/19	Vegetable omelette, jacket potato and beans, wedges, mixed vegetables, gravy. Yoghurt, fruit, fruit salad.	Vegetable free from pasta, jacket potato and egg mayo, boiled potatoes, peas. Fruit jelly, fruit, fruit salad.	Roast chicken, jacket potato and beans, roast potatoes, new potatoes, swede, cauliflower, gravy. Cookie, fruit, fruit salad.	Vegetable tajine, jacket potato and tuna, vegetable mixed salad. Dessert pot, fruit, fruit salad.	Fish fingers, jacket potato and beans, chips, beans, sweetcorn. Ice lolly, fruit, fruit salad.
Week Three w/c 21/01/19 25/02/19 25/03/19	Vegetable burger, jacket potato and beans, vegetable rice, green beans. Dessert pot, fruit, yogurt, fruit salad.	Vegetable stir fry, jacket potato and egg mayo, rice, broccoli. Jam tart, yogurt, fruit salad.	Honey roast ham, jacket potato and tuna, roast potatoes, new potatoes, cabbage, swede, gravy. Yoghurt, fruit, fruit salad.	Vegetable free from pasta, jacket potato and beans, boiled potatoes, carrots. Cookie, fruit, fruit salad.	Chicken nuggets, vegetable burger, jacket potato and beans, chips, beans, peas. Ice lolly, fruit, fruit salad.
Week Four w/c 28/01/19 04/03/19 01/04/19	Vegetable omelette, jacket potato and tuna, waffles, peas, carrots. Yoghurt, fruit, fruit salad.	Thai vegetable curry, jacket potato and egg mayo, wedges, broccoli. Cookie, fruit, fruit salad.	Roast pork, vegetable burger, roast potatoes, new potatoes, cabbage, carrots, gravy. Dessert pot, fruit, fruit salad.	Vegetable tajine, jacket potato and tuna, mixed salad. Jam tart, fruit, fruit salad.	Fish fingers, vegetable burger, jacket potato and beans, chips, beans, sweetcorn. Ice lolly, fruit, fruit salad.

Term 3 & 4 Gluten and Dairy Free Menu

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