

W/C	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> <b>w/c</b> <b>02.09.19</b> <b>30.09.19</b> <b>04.11.19</b> <b>02.12.19</b>	<p>Pork sausages, vegetable bake, jacket potato and cheese, wedges, green beans, baby carrots.</p> <p>Fruit crumble, yogurt, fruit salad.</p>	<p>Pasta bolognese, cheesy omelette, jacket potato and beans, pasta, broccoli.</p> <p>Ginger and rhubarb sponge, yogurt, fruit salad.</p>	<p>Roast ham, macaroni cauliflower cheese, jacket potato and tuna, roast potatoes, mashed swede, peas, gravy.</p> <p>Jam sponge, yogurt, fruit salad.</p>	<p>Beef and macaroni bake, vegetable burger, jacket potato and cheese, boiled potatoes, cauliflower.</p> <p>Chocolate crispy, yogurt, fruit salad.</p>	<p>Fish fingers, cheese and tomato pizza, jacket potato and beans, chips, beans, peas.</p> <p>Vanilla ice cream, yogurt, fruit salad.</p>
<b>Week Two</b> <b>w/c</b> <b>09.09.19</b> <b>07.10.19</b> <b>11.11.19</b> <b>09.12.19</b>	<p>Cheese and ham pasta, Quorn sausages, jacket potato and cheese, wedges, vegetable medley.</p> <p>Cheese, biscuits and watermelon, yogurt, fruit salad.</p>	<p>Chicken stir fry, vegetable tikka masala, jacket potato and beans, rice, green beans.</p> <p>Bread pudding, yogurt, fruit salad.</p>	<p>Roast pork and apple sauce, pasta bake, jacket potato and tuna, roast potatoes, cabbage, carrots, gravy.</p> <p>Fruit jelly, yogurt, fruit salad.</p>	<p>Lamb tajine, chickpea and spinach curry, jacket potato and cheese, vegetable couscous, mixed salad.</p> <p>Lemon cookie and juice, yogurt, fruit salad.</p>	<p>Salmon fish cakes, Quorn sausages, jacket potato and beans, chips, beans, sweetcorn.</p> <p>Chocolate ice cream, yogurt, fruit salad.</p>
<b>Week Three</b> <b>w/c</b> <b>16.09.19</b> <b>14.10.19</b> <b>18.11.19</b> <b>16.12.19</b>	<p>Sausage roll, vegetable chilli pittas, jacket potato and beans, green beans, boiled potatoes.</p> <p>Fruit pie and cream, yogurt, fruit salad.</p>	<p>Chicken pesto pasta, arrabiata vegetable bake, jacket potato and cheese, pasta, broccoli, cauliflower.</p> <p>Fruity malt loaf, yogurt, fruit salad.</p>	<p>Roast chicken and stuffing, macaroni cauliflower cheese, jacket potato and tuna, roast potatoes, mashed swede, peas, gravy.</p> <p>Granola bar and juice, yogurt, fruit salad.</p>	<p>Beef chilli tacos, vegetable bake, jacket potatoes and cheese, rice, green beans.</p> <p>Chocolate and pear sponge, yogurt, fruit salad.</p>	<p>Fish fingers, cheese and pepper pizza, jacket potato and beans, chips, beans, peas.</p> <p>Vanilla ice cream, yogurt, fruit salad.</p>
<b>Week Four</b> <b>w/c</b> <b>23.09.19</b> <b>21.10.19</b> <b>25.11.19</b>	<p>Beef burger, vegetable pesto pasta, jacket potato and cheese, waffles, vegetable medley.</p> <p>Cheese, biscuits and watermelon, yogurt, fruit salad.</p>	<p>Italian meatballs , cheesy pasta, jacket potato and beans, pasta, green beans.</p> <p>Jam and coconut sponge, yogurt, fruit salad.</p>	<p>Roast pork and apple sauce, vegetable burger, jacket potato and tuna, roast potatoes, cabbage, sweetcorn, gravy.</p> <p>Fruit jelly, yogurt, fruit salad.</p>	<p>Black bean chicken, vegetable stir fry, jacket potato and cheese, rice, broccoli.</p> <p>Fruit pie and squirty cream, yogurt, fruit salad.</p>	<p>Breaded salmon fingers, vegetable quiche, jacket potato and beans, chips, beans, sweetcorn.</p> <p>Strawberry ice cream, yogurt, fruit salad.</p>

### Term 1 & 2 Menu

Please be aware that allergens are used in the kitchen and, while we aim to provide accurate allergen information on the allergen sheets provided, we cannot guarantee that meals will be completely free from allergens. Please contact us through the school office if you would like to discuss your specific requirements or our processes.

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<b>Week One</b> <b>w/c</b> <b>02.09.19</b> <b>30.09.19</b> <b>04.11.19</b> <b>02.12.19</b>	Pork sausages, jacket potato and beans, wedges, green beans, baby carrots.  Desert pot, yogurt, fruit salad.	Pasta bolognese, jacket potato and beans, pasta, broccoli.  Cookie, yogurt, fruit salad.	Roast ham, jacket potato and tuna, roast potatoes, mashed swede, peas, gravy.  Jam tart, yogurt, fruit salad.	Vegetable burger, jacket potato and cheese, boiled potatoes, cauliflower.  Chocolate brownie, yogurt, fruit salad.	Fish fingers, jacket potato and beans, chips, beans, peas.  Ice lolly, yogurt, fruit salad.
<b>Week Two</b> <b>w/c</b> <b>09.09.19</b> <b>07.10.19</b> <b>11.11.19</b> <b>09.12.19</b>	Cheese and ham pasta, jacket potato and beans, wedges, vegetable medley.  Cookie, yogurt, fruit salad.	Vegetable tikka masala, jacket potato and beans, rice, green beans.  Desert pot, yogurt, fruit salad.	Roast pork and apple sauce, pasta bake, jacket potato and tuna, roast potatoes, cabbage, carrots, gravy.  Fruit jelly, yogurt, fruit salad.	Chickpea and spinach curry, jacket potato and beans, mixed salad.  Jam tart, yogurt, fruit salad.	Vegetable burger, jacket potato and beans, chips, beans, sweetcorn.  Ice lolly, yogurt, fruit salad.
<b>Week Three</b> <b>w/c</b> <b>16.09.19</b> <b>14.10.19</b> <b>18.11.19</b> <b>16.12.19</b>	Vegetable chilli, jacket potato and beans, green beans, boiled potatoes.  Jam tart, yogurt, fruit salad.	Arrabiata vegetable bake, jacket potato and beans, pasta, broccoli, cauliflower.  Cookie, yogurt, fruit salad.	Roast chicken, jacket potato and tuna, roast potatoes, mashed swede, peas, gravy.  Desert pot, yogurt, fruit salad.	Beef chilli, vegetable bake, jacket potatoes and cheese, rice, green beans.  Chocolate brownie, yogurt, fruit salad.	Fish fingers, jacket potato and beans, chips, beans, peas.  Ice lolly, yogurt, fruit salad.
<b>Week Four</b> <b>w/c</b> <b>23.09.19</b> <b>21.10.19</b> <b>25.11.19</b>	Beef burger, jacket potato and beans, waffles, vegetable medley.  Chocolate brownie, yogurt, fruit salad.	Vegetable chilli,, jacket potato and beans, pasta, green beans.  Jam tart, yogurt, fruit salad.	Roast pork and apple sauce, jacket potato and tuna, roast potatoes, cabbage, sweetcorn, gravy.  Fruit jelly, yogurt, fruit salad.	Vegetable stir fry, jacket potato and beans, rice, broccoli.  Desert pot, yogurt, fruit salad.	Vegetable burger, jacket potato and beans, chips, beans, sweetcorn.  Ice lolly, yogurt, fruit salad.

### Gluten and Dairy Free Menu Term 1 & 2

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<b>Week One</b> <b>w/c</b> <b>02.09.19</b> <b>30.09.19</b> <b>04.11.19</b> <b>02.12.19</b>	Pork sausages, vegetable bake, jacket potato and cheese, wedges, green beans, baby carrots.  Fruit crumble, yogurt, fruit salad.	Pasta bolognese, jacket potato and beans, pasta, broccoli.  Yogurt, fruit salad.	Roast ham, macaroni cauliflower cheese, roast potatoes, mashed swede, peas, gravy.  Yogurt, fruit salad.	Beef and macaroni bake, vegetable burger, jacket potato and cheese, boiled potatoes, cauliflower.  Chocolate crispy, yogurt, fruit salad.	Fish fingers, jacket potato and beans, chips, beans, peas.  Vanilla ice cream, yogurt, fruit salad.
<b>Week Two</b> <b>w/c</b> <b>09.09.19</b> <b>07.10.19</b> <b>11.11.19</b> <b>09.12.19</b>	Cheese and ham pasta, jacket potato and cheese, wedges, vegetable medley.  Cheese, biscuits and watermelon, yogurt, fruit salad.	Chicken stir fry, vegetable tikka masala, jacket potato and beans, rice, green beans.  Yogurt, fruit salad.	Roast pork and apple sauce, pasta bake, jacket potato and cheese, roast potatoes, cabbage, carrots, gravy.  Fruit jelly, yogurt, fruit salad.	Lamb tajine, chickpea and spinach curry, jacket potato and cheese, vegetable couscous, mixed salad.  Lemon cookie and juice, yogurt, fruit salad.	Salmon fish cakes, jacket potato and beans, chips, beans, sweetcorn.  Chocolate ice cream, yogurt, fruit salad.
<b>Week Three</b> <b>w/c</b> <b>16.09.19</b> <b>14.10.19</b> <b>18.11.19</b> <b>16.12.19</b>	Sausage roll, jacket potato and beans, green beans, boiled potatoes.  Fruit pie, yogurt, fruit salad.	Chicken pesto pasta, arrabiata vegetable bake, jacket potato and cheese, pasta, broccoli, cauliflower.  Fruity malt loaf, yogurt, fruit salad.	Roast chicken and stuffing, macaroni cauliflower cheese, roast potatoes, mashed swede, peas, gravy.  Granola bar and juice, yogurt, fruit salad.	Beef chilli tacos, vegetable bake, jacket potato and cheese, rice, green beans.  Yogurt, fruit salad.	Fish fingers, jacket potato and beans, chips, beans, peas.  Vanilla ice cream, yogurt, fruit salad.
<b>Week Four</b> <b>w/c</b> <b>23.09.19</b> <b>21.10.19</b> <b>25.11.19</b>	Beef burger, vegetable pesto pasta, jacket potato and cheese, wedges, vegetable medley.  Cheese, biscuits and watermelon, yogurt, fruit salad.	Italian meatballs, cheesy pasta, jacket potato and beans, pasta, green beans.  Yogurt, fruit salad.	Roast pork and apple sauce, vegetable burger, roast potatoes, cabbage, sweetcorn, gravy.  Fruit jelly, yogurt, fruit salad.	Black bean chicken, vegetable stir fry, jacket potato and cheese, rice, broccoli.  Fruit pie and squirty cream, yogurt, fruit salad.	Breaded salmon fingers, jacket potato and beans, chips, beans, sweetcorn.  Strawberry ice cream, yogurt, fruit salad.

### Egg Free Menu Term 1 & 2

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