

PE whole school subject content overview

	Year A	Year B (2019/20)
Pioneer YR/1	<p>REAL PE (Spiral curriculum building on previous skills)</p> <ul style="list-style-type: none"> • Unit 1 – Cognitive skills • Unit 2 – Creative skills • PE – Real gym • Unit 3 – Social skills • Unit 4 – Applying physical skills (Gymnastics) • Unit 5 – Health and fitness • Unit 6 – Personal and social 	<p>REAL PE (Spiral curriculum building on previous skills)</p> <ul style="list-style-type: none"> • Unit 1 – Cognitive skills • Unit 2 – Creative skills • PE – Real gym • Unit 3 – Social skills • Unit 4 – Applying physical skills (Gymnastics) • Unit 5 – Health and fitness • Unit 6 – Personal and social
	<p>Additional sporting opportunities across year</p> <ul style="list-style-type: none"> • Forest school • Striking and fielding • Football • Netball • Tag rugby • Cricket • Athletics • Parent survey for additional opportunity 	<p>Additional sporting opportunities across year</p> <ul style="list-style-type: none"> • Forest school • Striking and fielding • Football • Netball • Tag rugby • Cricket • Athletics • Parent survey for additional opportunity

Explorer Y1/2/3	REAL PE (Spiral curriculum building on previous skills) <ul style="list-style-type: none"> • Unit 1 – Cognitive skills • Unit 2 – Creative skills • PE – Real gym • Unit 3 – Social skills • Unit 4 – Applying physical skills (Gymnastics) • Unit 5 – Health and fitness • Unit 6 – Personal and social 	REAL PE (Spiral curriculum building on previous skills) <ul style="list-style-type: none"> • Unit 1 – Cognitive skills • Unit 2 – Creative skills • PE – Real gym • Unit 3 – Social skills • Unit 4 – Applying physical skills (Gymnastics) • Unit 5 – Health and fitness • Unit 6 – Personal and social
	Additional sporting opportunities across year <ul style="list-style-type: none"> • Forest school • Striking and fielding • Football • Netball • Tag rugby • Cricket • Athletics • Hockey (Year 3) • Swimming (Year 3) • Gymnastics (Year 3) • Parent survey for additional opportunity 	Additional sporting opportunities across year <ul style="list-style-type: none"> • Forest school • Striking and fielding • Football • Netball • Tag rugby • Cricket • Athletics • Hockey (Year 3) • Swimming (Year 3) • Gymnastics (Year 3) • Parent survey for additional opportunity

Discovery Y3/4/5	REAL PE (Spiral curriculum building on previous skills) <ul style="list-style-type: none"> • Unit 1 – Cognitive skills • Unit 2 – Creative skills • PE – Real gym • Unit 3 – Social skills • Unit 4 – Applying physical skills (Gymnastics) • Unit 5 – Health and fitness • Unit 6 – Personal and social 	REAL PE (Spiral curriculum building on previous skills) <ul style="list-style-type: none"> • Unit 1 – Cognitive skills • Unit 2 – Creative skills • PE – Real gym • Unit 3 – Social skills • Unit 4 – Applying physical skills (Gymnastics) • Unit 5 – Health and fitness • Unit 6 – Personal and social
	Additional sporting opportunities across year <ul style="list-style-type: none"> • Forest school • Striking and fielding • Football • Netball • Tag rugby • Cricket • Athletics • Hockey • Gymnastics • Swimming (Year 3, 4 and 5 ‘top-up’) • Parent survey for additional opportunity 	Additional sporting opportunities across year <ul style="list-style-type: none"> • Forest school • Striking and fielding • Football • Netball • Tag rugby • Cricket • Athletics • Hockey • Gymnastics • Swimming (Year 3, 4 and 5 ‘top-up’) • Parent survey for additional opportunity

Voyager Y5/6	REAL PE (Spiral curriculum building on previous skills) <ul style="list-style-type: none"> • Unit 1 – Cognitive skills (Invasion games) • Unit 2 – Creative skills (Net & wall games) • PE – Real gym • Unit 3 – Social skills • Unit 4 – Applying physical skills (Gymnastics) • Unit 5 – Health and fitness (Athletics) • Unit 6 – Personal and social (Striking and fielding) 	REAL PE (Spiral curriculum building on previous skills) <ul style="list-style-type: none"> • Unit 1 – Cognitive skills (Invasion games) • Unit 2 – Creative skills (Net & wall games) • PE – Real gym • Unit 3 – Social skills • Unit 4 – Applying physical skills (Gymnastics) • Unit 5 – Health and fitness (Athletics) • Unit 6 – Personal and social (Striking and fielding)
	Additional sporting opportunities across year <ul style="list-style-type: none"> • Forest school • Striking and fielding • Football • Netball • Tag rugby • Cricket • Athletics • Hockey • Gymnastics • Swimming (Year 3, 4 and 5 ‘top-up’) • Parent survey for additional opportunity 	Additional sporting opportunities across year <ul style="list-style-type: none"> • Forest school • Striking and fielding • Football • Netball • Tag rugby • Cricket • Athletics • Hockey • Gymnastics • Swimming (Year 3, 4 and 5 ‘top-up’) • Parent survey for additional opportunity

