

Example Timetable for Easter Holiday Weeks (Optional): Please find below an example overview for the Easter holidays, which may be helpful for families/children

Activity focus	Suggested time activities could take/ how often	Monday	Tuesday	Wednesday	Thursday	Friday
Exercise and outdoor time	20 - 30 mins daily	Joe Wicks – all PE lessons are available via YouTube	Choose an activity from the OPAL recommended websites	Explore the garden and see what signs of Spring you can find	Choose an activity from the OPAL recommended websites	Go for a family walk
Well-being time	10 -15 mins daily	Choose an activity from the well-being resource pack	Colour a picture – your own or from a colouring book	Choose an activity from the well-being resource pack	Try Cosmic Yoga – can be accessed via their website or YouTube.	Watch the zoo cams – from the OPAL recommended website list
Reading time	20 - 30 mins daily	Share a story with an adult or your sibling	Find a quiet space and enjoy a reading book	Maybe read to your toys or a pet	Find a quiet space and enjoy a reading book	Re-read your very favourite stories
Quiet time	20 mins daily	Listen to an audible story book. Audible is offering free books via stories.audible.com	Quietly do a little job to help someone in your home	Draw some mazes for yourself or someone else to complete	Draw a picture, make a card or write a letter for someone special	Listen to how many different noises you can hear inside/ outside
Creative time	30 mins x 2/3 per week	Choose an activity from your Easter activity pack (provided by class teachers)		Choose an activity from your Easter activity pack (provided by class teachers)		Do some baking – see Mrs Groves Easter baking ideas
Family time	Daily	Use construction such as Lego/K'Nex to create a family masterpiece of engineering		Play a board game together		Watch a family film
Fun projects and learning activities	20 - 30 mins daily	Choose an activity from the TTS activity booklet	Plant seeds/ grow something	Make your own restaurant at home - menus, food, bills etc.	Have a nature hunt in your garden e.g. different leaves	What can you find out about next term's topics?