

I have to stay in my house.

In my house I can do lots of things like the work my teacher has set, some drawing, play with my toys and Facetime my family and friends.



I have been told I can only go for a walk, a run or ride my bike once a day. I can only go out with someone who lives in my house. If I go to the play park, I must not go onto the play equipment.



If I meet anybody, I need to stay 2 metres away from them. Two metres is about 6 of my long footsteps.

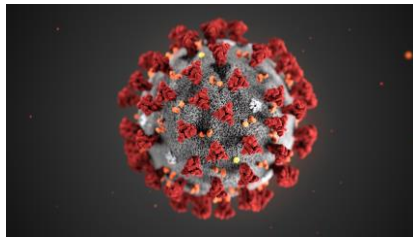


I can wave, say hello and ask them how they are.

Even if I see my friend, I can't go near them or give them anything. It's kind to share but for now I must only share things with the people who live in my house.



I don't feel ill but I might be carrying the virus. The virus can only be seen when using a microscope.



When I get home I need to wash my hands for 20 seconds with soap, then dry them thoroughly.



Soon we will be told we can go back to normal and we will go to school again.



By Rosalind H

Age 7