

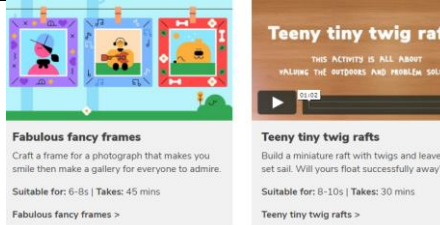









<p><b>Team GB Tokyo Tens</b>  <a href="https://www.getset.co.uk/tokyo-ten">https://www.getset.co.uk/tokyo-ten</a></p> <p>Fun activities to either complete indoors or a small outdoor space</p>	
<p><b>Play Scotland</b> <a href="https://www.playscotland.org">https://www.playscotland.org</a></p> <p>Lots of indoor activities to occupy children</p>	
<p><b>Scouting Association</b> <a href="https://www.scouts.org.uk/the-great-indoors">https://www.scouts.org.uk/the-great-indoors</a></p> <p>Inspired indoor activity ideas to keep children learning new things and having fun</p>	
<p><b>Cbeebies</b> - <a href="https://www.bbc.co.uk/cbeebies">https://www.bbc.co.uk/cbeebies</a></p> <p>Games, activities and resources to keep children learning at home</p>	
<p><b>Zoo webcams</b>  <a href="https://www.countryliving.com/uk/wildlife/countryside/g31784857/live-animal-webcam-zoo">https://www.countryliving.com/uk/wildlife/countryside/g31784857/live-animal-webcam-zoo</a></p> <p>12 live animal cams from around the world</p>	
<p><b>Indoor activities</b>  <a href="https://www.nhs.uk/change4life/activities/indoor-activities">https://www.nhs.uk/change4life/activities/indoor-activities</a></p> <p>Easy ways to keep children active when you can't get outdoors. Lots of Disney themed ideas.</p>	
<p><b>Live shows, outdoor expeditions, Deadly 60.</b>  <a href="http://www.stevebackshall.com">http://www.stevebackshall.com</a></p> <p>A mixture of nature and adventure</p>	
<p>Interactive learning through songs, art, videos and games.  <a href="https://www.sesamestreet.org">https://www.sesamestreet.org</a></p> <p>Activities and ideas to keep younger children busy as well as help to explain what is currently going on.</p>	
<p><b>PE with Joe – the Body Coach</b>  <a href="https://www.youtube.com/playlist?list=PLyCLOpd4VxBvQafyve889qVcPxYEjdSTl">https://www.youtube.com/playlist?list=PLyCLOpd4VxBvQafyve889qVcPxYEjdSTl</a></p> <p>30 minutes of exercise to start every day. Sessions can be accessed via YouTube at any time.      Fun for all the family!</p>	
<p><b>Cosmic Yoga</b> <a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a></p> <p>Fun themed yoga exercises, varying in length and difficulty</p>	

**BBC Super Movers** <https://www.bbc.co.uk/teach/super movers>

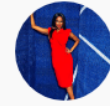
Curriculum linked resources that combine academic lessons and movement



**Learn to dance with Oti Mabuse**

At 11:00am every day, Oti Mabuse streams a live dance class for children via facebook, YouTube and Instagram. These can also be accessed at any other time.

Adult classes are at 7:30pm too!



**Oti Mabuse Official**

30K subscribers

### Face Book - sites with some fun ideas

Uk Kidswindows

Inspire my play

Play Scotland

Play groundology

Play England

We believe in outdoor play

Learning and exploring through play

Planning Playtime – Learning through Play

London Play

Chester Zoo Live

Bristol Library – 2pm story everyday

Children’s Scrap Store Bristol

The Power of Play

5 Minute Crafts

Early Years Scotland